

Nr.	Name	Zeit	AK	Ort	Jahr
1	Alten Florian	01:41:55	M	Kiel	2003
2	Bartels, Stefan	01:49:02	M40	Hiddestorf	2008
3	Bauerschaper, Gudrun	01:46:18	+	Hiddestorf	2002
4	Beike, Markus	01:48:55	M40	Springe	2012
5	Berger, Angelika	01:47:40	W40	Bokel	1996
6	Berger, Horst	01:39:32	M50	Salzgitter	2003
7	Bertram, Ulrich	01:55:14	M50	Hiddestorf	2001
8	Bodenstedt, Sven	01:59:21	HK	Hannover	2005
9	Crome, Katrin	01:51:08	W30	Hasede	1997
10	Dahlheim, Stefan	01:52:42	M45	Hiddestorf	2007
11	Dittmann, Rosemarie	02:01:41	W55	Holler Burgenlauf	2009
12	Dobler, Josef	02:05:17	M50	Holler Burgenlauf	2004
13	Dralle, Gudrun	01:50:55	W45	Holler Burgenlauf	2004
14	Ebeling, Stefan	01:46:06	M30	Hiddestorf	2006
15	Felgenträger, Nicki	01:32:43	W35	Hasede	1999
16	Flügge, Dirk	01:30:38	M40	Hannover	2007
17	Frost, Annette	02:13:07	W50	Berlin	2014
18	Grössinger, Regina	01:47:01	W45	Hannover	2012
19	Haas, Dr. Horst-D.	01:44:33	M50	Hannover	2005
20	Hachmeister, Daniel	02:05:42	M30	Hannover	2011
21	Hachmeister, Philipp	01:56:57	M30	Hannover	2016
22	Hampel, Lars	01:19:31	M30	Springe	2003
23	Hapke, Horst	01:52:32	M45	Eichsfeldmarathon	1988
24	Heidemann, Dirk	01:39:06	M40	Hiddestorf	2000
25	Heine, Anton	01:43:35	+	Brügge, Belgien	1999
26	Heine, Erika	02:25:33	+	La Valetta/Malta	2001
27	Heinrichs, Dr. Ekkehard	01:30:09	+	Hiddestorf	2002
28	Helmke, Michael	01:55:52	HK	Hannover	2008
29	Herre, Volker	01:40:11	M35	Hiddestorf	2007
30	Herrmann, Wolfgang	01:46:01	M45	Springe	2002
31	Hillebrand, Oliver	01:55:57	M35	Marienburg Marat.	2016
32	Huberts, Hans-Otto	01:23:37	M40	Eichsfeldmarathon	1990
33	Huske, Louisa	01:05:40	W20	Hannover	2022
34	Iburg, Stefan	01:23:45	M45	Hannover	2016
35	Jablonski, Jörg	01:26:17	M30	Hannover	2004
36	Jäckel, Wolfgang	01:35:19	M50	Holler Burgenlauf	2002
37	Jädick-Jäckel, Margot	01:34:16	W45	Hasede	2002
38	Jentsch, Astrid	01:51:46	W40	Hannover	2010
39	John, Alexander	01:43:35	M35	Hasede	2012
40	Johnke, Anette	02:07:53	W45	Hannover	2011
41	Kastmann, Jan	01:49:26	MHK	Hiddestorf	2005
42	Kastmann, Klaus	01:35:46	M45	Hilskamplauf	2001
43	Kastmann, Monika	01:56:44	W45	Hilskamplauf	2001
44	Kellenter, Stefan	01:11:06	M35	Rinteln	1994
45	Klages, Angelika	01:56:44	W50	Hilskamplauf	2001
46	Klarhölter-Selbst, Klemens	01:30:21	M40	Hiddestorf	2005
47	Köhnen, Florian	01:50:42	M35	Hannover	2022

48	Kurzbach, Lothar	01:30:03	M45	Hasede	1998
49	Lichthardt, Lianne	01:43:47	W25	Hannover	2024
50	Markfeld, Elisabeth	01:54:57	W50	Hannover	2016
51	Markfeld, Jürgen	01:27:14	M45	Hannover	2011
52	Meinert, Jonathan	01:46:45	M20	Hannover	2014
53	Meinert, Wolfgang	01:59:07	M60	Hannover	2014
54	Meyer, Reinhard	01:27:47	M35	Rhumspringe	1998
55	Meyke, Eckart	01:35:23	M55	Alfeld	2004
56	Mock, Ralf	01:39:46	M50	Airportrun Langenh.	2011
57	Möller, Sabine	01:59:26	W50	Hannover	2012
58	Oeverdieck, Manfred	01:47:26	M40	Springe	2002
59	Paarmann, Christof	01:53:57	M35	Hannover	2010
60	Reddöhl, Jörg	02:10:14	M30	Holler Burgenlauf	2004
61	Scharf, Oliver	01:41:11	M30	Hasede	1997
62	Schernewski, Wolfgang	01:35:14	M55	Hasede	1997
63	Schillak, Udo	01:26:42	M40	Hilskamplauf	2001
64	Schlake, Dennis	01:50:38	M30	Hannover	2008
65	Schlake, Franz	01:43:00	+	Hannover	2008
66	Schlake, Gisela	01:56:13	W35	Eichsfeld Marathon	1990
67	Schlaps, Dr. Christiane	02:00:36	W35	Bienwald	2007
68	Schmidt, Hans-Dieter	01:49:19	M35	Springe	2003
69	Schmitz, Bernhard	01:45:05	M55	Hannover	2012
70	Seidel, Bernd	01:26:35	M50	Hannover Citylauf	1987
71	Setzkorn, Frank	01:24:28	M45	Hiddestorf	2002
72	Siems, Elke	02:05:00	W35	Hannover	2004
73	Siems, Volker	01:25:39	M35	Hilskamplauf	2001
74	Simbürger, Elke	02:06:34	W65	Hannover	2004
75	Skorka, Siegfried	01:52:25	M50	Hannover	2007
76	Sperlich, Herbert	01:54:14	M65	Hannover	2016
77	Sydow, Dr. Joachim	01:58:53	M35	Berlin	2015
78	Sydow, Ruth	01:32:26	W40	Frankfurt	2024
79	Taubeler, Annegret	01:47:27	W40	Springe	2002
80	Taubeler, Josef	01:59:20	+	Hasede	2000
81	Thiry, Rolf	01:34:46	M35	Hasede	1998
82	Thomas, Josef	02:08:28	+	Hasede	1997
83	Traupe, Stephanie	01:58:43	W40	Hiddestorf	2009
84	Ücker, Horst	01:36:04	M45	Hilskamplauf	2001
85	Vogler, Michael	02:05:08	M50	Hasede	1997
86	Völsing, Fred	01:46:16	M20	Hannover	2015
87	Völsing, Jan	02:01:33	M30	Hannover	2017
88	von Berg, Maria	01:55:53	W45	Hannover	2003
89	Waldeck, Hans Jürgen	01:19:20	+	Int.VL Gehrden	1979
90	Wehr, Karl-Heinz	01:24:48	M50	Bokel	1996
91	Willers, Heiner	02:01:59	M55	Hannover	2011
92	Wittig, Axel	01:44:47	M55	Pönitzer Volkslauf	2009
93	Wolf, Gisela	02:05:41	W55	Hasede	1997
94	Wulf, Maria	02:04:34	W35	Berlin	2014
95	ZiB, Uwe	01:27:49	M50	Springe	2002